TEXAS A&M AGRILIFE EXTENSION

On-line Nutrition Training

Extension provides on-line training for CHWs/Promotores

Nutrition faculty with the Texas A&M AgriLife Extension Service have developed on-line training for professionals, including Community Health Workers (CHWs)/Promotores. Available courses can provide up to 10 credit hours of required professional training.

Most courses take about one hour to complete and include supplemental handouts and a learning activity. The courses are self-paced and can be taken over time.

These courses are available free of charge; however, a nominal fee is charged when a certificate of completion is required.

On-line Courses:

Ten Behaviors that Promote a Healthy Weight in Children describes research-based behaviors associated with healthy weight that you can promote in your communities.

Mini Talks about Mini Folks provides answers to nutrition questions commonly asked by parents and other care providers.

An Introduction to Family Nutrition is a six-part series on nutrition issues, with recommendations across the life span.

Questions?

Sharon Francey Robinson, PhD, RD, LD
Associate Professor and Extension Nutrition Specialist
s-robinson@tamu.edu

http://extensiononline.tamu.edu/courses/food_nutrition.php

Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.