WAYS TO PREVENT FALLS & RELATED INJURIES IN OLDER ADULTS

According to the Centers for Disease Control & Prevention, among older adults, falls are the leading cause of both fatal & nonfatal injuries.

Course Objectives:
Preparing CHWs/Promotores to prevent falls & related injuries in older adults

Students will learn how to:

✓ Discuss strategies to prevent &/or reduce falls and related injuries among older adults
✓ Explain why preventing & reducing falls among older adults is important
✓ Identify the negative consequences associated with falls

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In person & online trainings are available. Visit us at:
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